

## Four learning benefits of alternative formats

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Improve your time management

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Become a better learner

Think about the best format for your learning context and objective and include multiple formats in your study process. Keep a journal of the formats you use leading up to an exam to discover how you learn best. For more information on the alternative formats, check out: <a href="https://tinyurl.com/AltFormatsStudents">https://tinyurl.com/AltFormatsStudents</a>



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